

# Sonia's Tiny Tots Newsletter

November, 2018



## Pajama Day!

Friday November 2<sup>nd</sup>, will be Pajama Day. Please send the little ones with their pajamas so we can all enjoy this festive pajama day with flashlight stories under the tent.



## Thanksgiving! November 22, 2018

Sonia's Tiny Tots will be closed on Thursday, November 22 and 23, 2018 in observance of Thanksgiving. Everyone have a safe and happy holiday!

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## Increase Capacity



Every three years the state requires providers to renew their license to ensure that they are adhering to EEC regulations and keeping a safe and productive environment for the children.

On the anniversary of our license issuance Sonia's Tiny Tots will be seeking to expand our license to eight (8) children. The license will be 6 + 2 where the +2 can be before and/or after school children. So spread the word if you know anyone looking for daycare as the slots fill up fast!

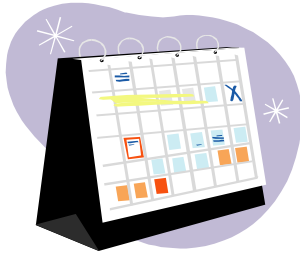
## Daylight Saving Time Ends! Sunday, November 4, 2018



It's time to "fall back!" Daylight Savings Time Ends Sunday at 2AM. Turn your clocks back one hour to standard time!

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.  
~ John Fitzgerald Kennedy

## Weekly Program Planner



### Know what's happening for the week!

Sonia's Tiny Tots have implemented a weekly planner to assist parents in knowing what events are coming for the week. This planner also includes information about any change of clothes that might be needed; any monies that may be required especially for field trips like apple picking, etc.. It will also cover the academic program planned for that week, the letter and associated words or shapes and colors. .

Please make sure to look at the weekly planner and go over any materials studied during the day that is sent home with your child.

## Tasty Thanksgiving Treats



## Colorful Turkey Cupcakes



Not all Thanksgiving crafts for kids have to be made with glue and construction paper! This is a sweet and healthy treat

## Just for Fun!



- 1) What is the name of the fox in the TV show Dora that swipes and hides items?
- 2) Where in Boston can children see the Nation's history from a child's point of view?
- 3) What is the flower for the month of November?
- 4) What event happens to the leaves on trees during the fall season?
- 5) Which cartoon character is a big fan of Beethoven's music?

Just for fun answers are on page 4

November Fact #1: The Friday after Thanksgiving is called "Black Friday"; it refers to the period in which retailers go from being in the red (i.e., posting a loss on the books) to being in the black (i.e. turning a profit)" and kicking off the Christmas shopping holiday.



### Five Layer Bars



Recipe courtesy of Paula Deen & the Food Network

#### Ingredients:

- $\frac{1}{2}$  cup chopped pecans
- 1 cup butterscotch morsels
- 1 cup shredded coconut
- 1 cup semisweet chocolate morsels
- $1\frac{1}{2}$  cups graham cracker crumbs
- 1 stick butter, melted
- 1 (14-oz) can sweetened condensed milk

#### Directions:

Preheat oven to 350 degrees F. Combine graham cracker crumbs and melted butter. Press into bottom of a 9x13 inch baking dish. Sprinkle remaining ingredients of mix over crumb mixture. Pour sweetened condensed milk over the layers. Bake for 25 - 30 minutes. Allow to cool and cut into bars.

### 8 Ways to Stay Healthy During the Flu Season.

1. Maintain a healthy lifestyle through rest, diet, exercise, and relaxation.
2. Wash your hands frequently with soap and water.
3. Avoid touching your nose, mouth, and eyes. Germs spread this way.
4. Cover your coughs and sneezes with a tissue or in your elbow.
5. Keep frequently touched common surfaces clean.
6. Do not put toys and other items in your mouth that other children are playing with.
7. Get vaccinated against seasonal flu.
8. Don't spread the flu!



## Money Saving Ideas for the Holiday Season



**Restaurant.com** - Purchase gift certificates for local restaurants at a discount.

**Printable-coupons.blogspot.com** - Print off coupons for places like Target, CVS, Staples, and Home Depot or for Groceries, Restaurants or Pet items.

**Couponalbum.com/printable-coupons.htm** - Print off coupons for places like Target, Netflix, Sephora, Home Depot or Amazon.

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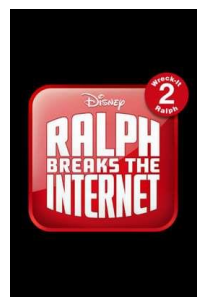
November Fact #2: The Monday after Thanksgiving is called "Cyber Monday"; it refers to the millions of employees, that return to work and to a high-speed internet connection, on Monday, and buy what they like. 75% of online retailers report a significant increase in sales on "Cyber Monday".

## Just for fun answers

1. Swiper the Fox
2. Children's Museum
3. Chrysanthemum
4. They Change color and fall
5. Team Limit Zumi!

## MOVIE pick of the Month

By: Sonia



Video game bad guy Ralph and fellow misfit Vanellope von Schweetz navigate the vast and dynamic World Wide Web in search of a replacement part to save

Vanellope's game, Sugar Rush. During this adventure Vanellope runs into the Disney Princesses - Cinderella, Aurora, Ariel, Belle, Jasmine, Pocahontas, Mulan, Rapunzel, Merida, Anna, Elsa, and Moana. Ralph Breaks the Internet - Wreck-It Ralph 2 releases in theaters on November 21<sup>st</sup>. Don't miss it!



This newsletter is brought to you by STT. Thanks!

